



Apple Pickin's

A Macintosh Computer User Group Publication

Mac Security Tips

by Peter Winderling

User complacency is the #1 threat on a Mac. Hackers target individual users for their information.

Always do software security updates.

Security threats to watch for-

1. Clickitis- clicking on any old link- don't just click freely, be wise
2. Weak passwords-use upper and lower case letters, numbers and symbols, don't use numbers for letters in a word, make 8-14 characters long
3. Not updating- have auto updates turned on

Login security-

1. Turn off "auto login"
2. Use "Name and Password" on login page

3. Tighten keychain security

Five tips for security

1. Keep your Mac safe
 - have separate administrator and user accounts
 - turn on password prompts for login and wake from sleep
 - encrypt sensitive files
 - use security cable
2. Use good passwords
 - no names, birthdays, addresses, phone numbers, familiar terms, or dictionary words
 - make different for each account

(Continued on Page 5)

Word Wrap for June 2015

by Bob Moffat

Every year NorthWest Apple Pickers hosts an Open House (and Picnic) at our June meeting. We encourage members to invite friends to join us and we hope that anyone else who learns of our meeting will drop by to see what we are all about.

Our group has been around for three decades. Think about that. In 1984 a group of folks who needed to know more about using Apple computers created a users' group.

(Wikipedia includes this definition: A computer user group (also known as a computer club) is a group of people who

(Continued on Page 3)

INDEX

Advertisements.....	4
Annual Open House & Potluck.....	4
Board Meeting Minutes	5
Calendars.....	8
Contact Us	2
Editor's Corner.....	2
General Meeting Report	6
Links From Uncle Bob	4
Mac Security Tips	1 & 5
Membership Report.....	2
Mortvedt Session	6
New User Report.....	6
Password Protect Pages Documents.....	7
Red Chip Info	2
South Sound AUG Info	6
Word Wrap.....	1 & 3

June. 2015

Vol. XXXI

No. 6

New User Meeting

June 4th

7:00 - 9:00 p.m.

Review Time

iOS 8 &

OSX 10.10

General Meeting

June 14th

Open

House

Show

&

Tell

Meeting Locations

The New User & General Meetings are typically held at the Lakewood Public Library

Located at the south-west corner of Gravelly Lake Drive and Wildaire Road.

<http://www.nwapplpkrs.org>



A Macintosh Computer User Group Serving Pierce County Washington



EDITOR'S CORNER



This month I'm sharing my space with Francette the Membership Chair so I can put Bob article about "Password Protecting Pages Documents" on a full page rather than cutting it up & inserting with a shoe horn.

Your Editor, David

Membership Report For May 2015

By Francette Beeler
As Of 05/27/2015

Active Memberships: 55

Membership Renewals:

Chuck Hayden, Kathryn "KaCe" Whitacre, Jill Langdon, Janet & Dwaine Baccus, Dick Lynch, Pat Lynch, Jack & Helen Ellingson

New Members:

None

Memberships Needing Renewal:

Due in May: David & Gloria Putman

Due in June: Erick Camp, Gerald & Kathy May, David & Mary Fleck, Jackie Fiacchi, Katherine Johnson

Due in July: Maureen & Jerry Kunz, Clarene Johnson

Meeting Attendance:

New User Group on 2015-05-07 had 13 members attend.

Mortvedt Center on 2015-05-08 had 5 members attend.. **Visitor(s):** Bill Barton, Connie Decker, Birdell Wangsmo.

Board Meeting on 2015-05-17 had 4 members attend.

General Meeting on 2015-05-17 had 9 members attend.

NorthWest Apple Pickers

NWAP is an Apple Macintosh User Group which meets the second Sunday of the Month. Annual Dues are \$40 for an individual or a family.
Send inquiries to P.O. Box 98203, Lakewood WA 98496

[<www.nwapplpkrs.org>](http://www.nwapplpkrs.org)

Articles printed in this newsletter are available in plain text formats and on the NWAP website. Some articles have been edited to fit space in the paper copy and may appear unaltered on the web site.

Original articles appearing in this publication are copyrighted and may be reprinted without prior approval provided proper credit is given. Syndicated articles may be reprinted but MUST be obtained from original source.

Names of companies and products used herein may be trademarked.

Note The New Email Address

Article and photo submissions may be sent via email to:

davidcee59@gmail.com

Please submit photos in color and actual size. The editorial staff will edit for use in the newsletter. The subject line should include **NWAP NEWSLETTER**

NWAP and TAPCUG members may place "Buy/Sell" item on the NWAP website. Send an e-mail to campej@comcast.net and provide details concerning the item(s) that you wish to buy or that you have for sale.

Since your entire email will be posted as a PDF file, please keep the "for sale" items and the "wanted" items in their own appropriate email.

Tacoma Area PC User Group

NWAP and TAPCUG, a PC user group, are two organizations working together to support the Macintosh and PC platforms in the Greater Tacoma/Pierce County area. TAPCUG meets the second Saturday of each month. Send inquiries to: 6824 19th Street West PMB #170, University Place WA 98466.

[<www.tapcug.org>](http://www.tapcug.org)

Board of Directors

Peter Winderling.....President
Bob Moffat.....Vice President
Judy Sloan.....Secretary
Eldon Estep.....Treasurer
Francette Beeler.....Membership
Fred Battie.....Director
Mary Fleck.....Director
Jim Beeler.....Director

Special Thanks

Dawne Aho.....Mortvedt Coord.
David Putman.....Editor
Volunteers.....Red Chip and Sign-In
Loretta Chamberland.....Club Info
Bob Moffat.....New User SIG,
Assistant Editor & Proof Reader
Webb Olliphant.....Magazine &
Book Exchange Project
Open Position.....Publicity/Book Review
Peter Winderling.....Apple Ambassador

Help and Information

General Club Matters..... Bob Moffat 253-845-5233 (any)
New User (OS 10)Bob Moffat, 253-845-5233 (any)
Legacy (OS 8 and 9).....Webb Olliphant, 253-584-7473 (1-9 p.m.)
Editor.....David Putman, 253-307-0544 (8 a.m.-6 p.m MST.)
Website DesignErick Camp, campej@comcast.net
(If you need help with a particular program, please contact us
[<holstein@nwapplpkrs.org>](mailto:holstein@nwapplpkrs.org)

**See our website for maps and
driving directions all meetings:**

[<www.nwapplpkrs.org>](http://www.nwapplpkrs.org)

Red Chip

Buy your tickets, build the jackpot.
May starts at \$15.00

Word Wrap for June 2015

(Continued from Page 1)

enjoy using [microcomputers](#) or [personal computers](#) and who meet regularly to discuss the use of computers, share knowledge and experience, hear from representatives of hardware manufacturers and software publishers, and hold other related activities. They may host special interest workgroups, often focusing on one particular aspect of computing.)

Some of those original NWAP members were school teachers, some were about to create the desktop publishing revolution, and others were trying to adapt computers to improve their businesses. The Apple IIc was the most popular product.

The Macintosh was just making its appearance (this was 1984, after all.) Apple was selling 8 products, including Apple Lisa 2 and two printers. By May 1984 Macintosh System Software 0.1 had been released. It was a year before Microsoft introduced Windows, but the personal computer arena was filled with many brands and operating systems. And most “real” computing was still happening on massive mainframe computers in air conditioned facilities.

Apple][users decided to form their own group in early 1994, so NWAP became a Macintosh Users Group (MUG.) Apple’s product line now included a digital camera, speakers, inkjet and laser printers, four laptop models, three versions of the Newton MessagePad, three pro versions and sixteen consumer models (!) plus three multi-scan monitors. And we were up to System 7.5.

The folks who joined the group in this era included many who were trying to master these devilish machines that had appeared in their workplaces. Some of us were determined to harness the power of the PC to pursue some other dream. Genealogical research, creative writing, and desktop publishing were just a few of the projects NWAP members were pursuing. The platform wars had heated up and the Windows PCs were available from many different vendors and retail stores. Mac sellers were becoming difficult to find and stores that stocked them often ignored them (or worse, sabotaged them!) to sell other brands which offered sales commissions. And the darker days for Mac users were yet to come.

On the bright side, however, the Internet was opened to the public in 1995, and the dial-up BBS

systems began to evaporate as the World Wide Web and email services mesmerized us all.

The last two decades have revolutionized communications and information technologies. If some folks were intimidated by the devices available in the mid-90s, more became candidates for a user group by the time the Y2K had passed. Equipment has become incredible powerful and sophisticated. Software offers tools undreamt of when men landed on the Moon. The Internet infrastructure has changed the social and economic fabric of our globe.

This year Apple products include four versions of the iPad, three versions of the iPhone, an iPod, three “desktop” models, a pro model, and a handful of laptops, as well as iTunes and the App Store. A rumor has it there is even an Apple Watch to be had.

So, if you have a friend who struggles to master their iPhone, know someone who is thinking about getting a Mac, or are just curious to see what kinds of people want to belong to a computer user group, the time is NOW. Join us at the NorthWest Apple Pickers Annual Open House (and Picnic.) See if our group could be a comfortable fit for you and a safe place to ask your questions.

Visitors are always welcome to our meetings.

NWAP paid advertisement section

NorthWest Apple Pickers offers advertising in our newsletter, *Apple Pickin's*, for business cards at \$6 per month or \$30 for six months.

Send a copy of your business card to the Editor, David Putman, at davidcee59@gmail.com. Please note deadlines for upcoming issues.

Mail or deliver your check to the Treasurer, Eldon Estep, Northwest Apple Pickers, P.O. Box 98203, Lakewood WA 98496

Links to Interesting articles on the Internet.

Courtesy Of Uncle Bob

Security Topics

<http://www.sfgate.com/technology/businessinsider/article/8-Common-Tech-Myths-You-Should-Stop-Believing-5678892.php#photo-7631496>

<http://www.macworld.com/article/2921479/when-adware-attacks-and-how-to-defeat-it.html>

<http://tidbits.com/article/15662>

iPhoto, Photos, and more photos

<http://www.apple.com/iphone-6/cameras/>

<http://www.macworld.com/article/2913747/how-to-use-the-adjust-tools-in-photos-for-mac.html>

<http://osxdaily.com/2015/05/16/use-iphoto-instead-of-mac-photos-app-osx/>

<http://www.macworld.com/article/2919080/8-side-doors-for-importing-images-into-photos-for-os-x-and-ios.html>

<http://12by12.net/>

iCloud

<http://www.apple.com/support/icloud/getstarted/>

Managing software and hardware

<http://www.macworld.com/article/2925072/mac-911-using-old-versions-of-iwork-alongside-the-new-pages-keynote-and-numbers.html>

<http://www.macworld.com/article/2922601/how-to-create-good-queries-in-yosemites-spotlight.html>

<http://osxdaily.com/2015/05/18/cancel-printing-jobs-queue-mac-os-x/>

NorthWest Apple Pickers Annual Open House & Potluck Picnic

Every year we celebrate June with an Open House and Potluck Picnic.

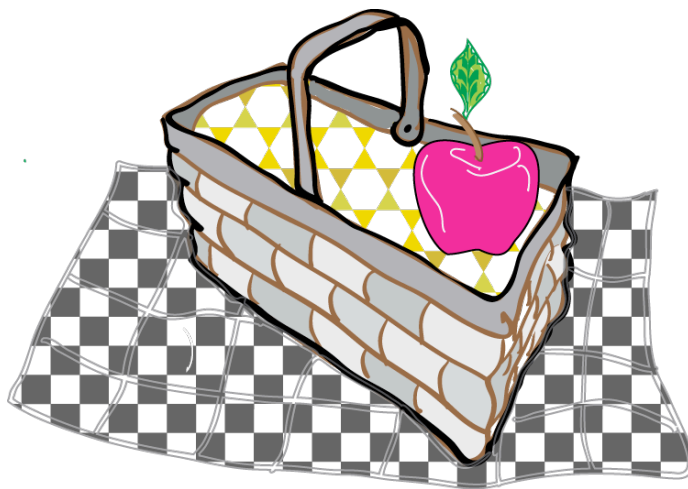
Members are asked to bring something to share. The club will furnish ice, softdrinks, utensils, and paper plates.

The Open House is a perfect chance to invite friends to come see what a great bunch of folks belong to NWAP.

Trying to figure out an iPhone or an iPad? This is a chance to see if our group is a comfortable learning space.

Thinking about getting a Mac? You can get a advice from folks who have been using them for years.

Join us on Sunday, June 14th at the Lakewood Library for an afternoon of visiting and feasting from 3 to 5 p.m.



NWAP Board Meeting

May. 17th, 2015

Notes by

by Judy Sloan

Present: Peter Winderling, Bob Moffat, Mary Fleck, Judy Sloan

The meeting was called to order by the President, Peter Winderling at 2:10 PM. It was MSP to accept the Treasurer's report. There was no Secretary's report nor membership report. In April there were 54 members. The Membership chairman is currently out of town but will report as soon as she can do so.

Old Business: none pending

New Business: TAPCUG has been invited to the Apple Store on June 13th at 8AM to become acquainted with the Apple products and technology. NWAP members are invited as well.

New User meeting will be a review of Yosemite and IOS 8. July NUG is text editors, keyboard tips, notes and reminders.

July's program for the general meeting will be on Photos and iPhoto and taking pictures with iPhones, iPads. In Sept. the program will be on editing the photos we took in August (or whenever).

There are no meetings in August but a photo shoot might be planned.

The June meeting will be the annual picnic which is a potluck.

The club supplies ice and soft drinks and the members are asked to bring the food.

The meeting was adjourned at 2:55 PM.

Today's program was about security and presented by Peter Winderling.

Respectfully submitted,
Judy Sloan
Secretary

Mac Security Tips

by Peter Winderling

(Continued from Page 1)

-change keychain password from account login

-keep passwords safe

3. Be careful when using wireless networks

-set up WPA2-PSK encryption

-use VPN in public places (free app-
anchorfree.com/hotspot-shield)

4. Behave cautiously online

-secure browser – Safari, Firefox, Chrome, Opera

-change unsecure passwords

-check website security- use SSL encryption- see the lock icon and https:// not just http://

5. Be smart about how you handle email

-beware of phishing attempts, don't give personal data

-be smart about using web mail

- use SSL

More on passwords-

Use a password manager- "1Password" at \$50 or "LastPass" for free

These auto generate passwords, store them securely and let you fill in on website with single click or keystroke.

Source material from Consumer Reports 7/2014, Mac Life 10/2008, 1/2014, 7/2014, 8/2014 and Macworld 11/2007, 3/2013 magazines.

There is a lot of discussions pro & con regarding the need for anti-virus software on the Mac. I don't know the answer but here is a link that Bob shared with me that is interesting.

The editor.

<http://www.macworld.com/article/2923022/checking-your-mac-for-virus-es-wait-what.html>

New User Report

By Bob Moffat

At the May meeting we discussed Cloud computing and how to make the best use of this various services that store and synchronize our data via Internet connections.

We've reached the mid-year session in our tour of operating systems for 2015, so it is time to review, discuss, and test our progress. We expect everyone will get an "A" and be ready to move on to the second semester!

Please join us on **Thursday, June 4th from 7 to 9 p.m.** at the Lakewood Library.

Contact: Bob Moffat, 253-845-5233 or
ramoat@me.com

Mortvedt Session

By Bob Moffat

We meet the second Friday each month at the Tacoma Lutheran Retirement Community's Mortvedt Recreation Center. Meetings are open to everyone, whether or not they live at TLRC.

Coaches from NorthWest Apple Pickers are available to answer questions –about Macs, iPads, and iPhones—for novices and veteran users. Attendees are encouraged to bring their own Macs, iPhones, and iPads if they wish to work on issues with their own machines.

The session topics are set by those who attend (and ask questions!)

Join us on **Friday, June 12th from 10 a.m. to Noon.** Mortvedt Recreation Center
1707 N. Vassault St
Tacoma 98406

Contact: Bob Moffat, 253-845-5233 or
ramoat@me.com

General Meeting Report

By Bob Moffat

The topic for May was Security. President Winderling presented several security topics and members had a chance to ask questions and share their experiences.

June is our annual Open House and Picnic session. We have a chance to visit, to bring guests to see what a user group is like, and to enjoy some great picnic fare. Encourage friends to attend and find out what a fun group of folks are members of NWAP.

Please join us on **Sunday, June 14th from 3 to 5 p.m.** at the Lakewood Library.

Contact: Bob Moffat, 253-845-5233 or
ramoat@me.com

South Sound Adobe Users Group

The South Sound Adobe Users Group meets the **second Monday of the month.** We meet in the Tacoma Lutheran Community's Training Room, located at 1301 N. Highland Parkway.

Info and driving instructions at
<http://ssaug.org/TacomaLutheranDirections.pdf>

We work with Adobe Creative Suite and Creative Cloud software (such as Photoshop, InDesign, Illustrator, et al.) Members may be eligible to win Adobe software at June and December meetings if they have attend at least three of the six meetings since last award.

Our **Monday, June 8th** meeting is our semi-annual potluck AND software drawing for a lucky member eligible for winning a Create Suite!

This month's Summer Celebration meeting begins a 6:00 p.m.

Contact: Bob Moffat, 253-845-5233 or
ramoat@me.com

Password Protect Pages Documents

At our May General Meeting Peter Winderling's presentation on security showed some of the things we need to consider to protect our data and equipment. One question was how to protect an individual file and our intrepid Board Member, Mary Fleck, tracked down an answer here:

<http://wordprocessing.about.com/od/macsoftware/a/Working-With-Passwords-In-Apples-lwork-Pages.htm>

For the current version of Pages (5.x.x), there is a File menu entry "Set Password."

For iWork 09 version of Pages '09 (4.3), the General Tab of the Inspector includes a check box for "Require Password to Open."

This is a great way to secure individual documents created in Pages.



To protect folders or larger collections of files, use Disk Utility to create a Disk Image (.dmg) with password to open.

Thanks, Mary!

The image is a composite of three screenshots from the Pages application, illustrating how to password-protect a document. The top-left screenshot shows the **File** menu with the **Set Password...** option circled in red. A callout bubble points to this menu item, stating "Pages 5". The top-right screenshot shows the **Pages Inspector** window, specifically the **General** tab. The **Require password to open** checkbox is circled in red. A callout bubble points to this checkbox, stating "Pages 4 aka Pages '09". The bottom screenshot shows the **Set a password to open this document:** dialog box, which includes fields for **Password:**, **Verify:**, and **Password Hint:**. A callout bubble points to the **Require password to open** checkbox in the top-right screenshot, stating "Click on the Key for help with a more secure password".

June 2015

July 2015

Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4 New User Group 7 pm Lakewood Lib	5	6				1	2 New User Group 7 pm Lakewood Lib	3	4 Independence Day
7	8 South Sound Adobe UG 5:30 pm	9	10	11	12 Mortvdt Session 10 - noon Mortvdt Rec	13 TAPCUG 9:30 am Lakewood Senior Ctr	5	6	7	8	9	10 Mortvdt Session 10 - noon Mortvdt Rec	11 TAPCUG 9:30 am Lakewood Sr. Ctr.
14 Board Mtg 2:00 pm General Mtg 3 pm Lakewood Lib	15	16	17	18	19	20	12 Board Mtg 2 pm General Mtg 3 pm Lakewood Lib	13 South Sound Adobe UG 5:30 pm	14	15	16	17	18
21 Father's Day	22	23	24	25	26	27	19	20	21	22	23 	24	25
28	29	30					26	27 David's Birthday 	28	29	30	31	August 1
									4	5	New User Group 7 pm Lakewood Lib	7	TAPCUG 8 9:30 am Lakewood Sr. Ctr.

Check the NWAP Website For Updated/CurrentCalendar Info. <www.nwapplpkrs.org>

Printing Services for NWAP
are performed by

Minuteman Press

Puyallup, WA 253.841.3161

www.minuteman-puyallup.com

**Titlow Beach,
Tacoma Wa
by
Delores Tulfo**

Web Hosting for NWAP
is powered by

www.herokuapp.com



NorthWest Apple Pickers

PO Box 98203

Lakewood WA 98496

